

## **Cheema Aquatic Club**

Re: Guidelines for Spring Camp Transportation of athletes & equipment:

To ensure safe arrival of both athlete's and equipment being transported to the 2008 Spring Training Camp these are the steps and precautions Cheema has taken to protect all involved to the best of our abilities.

- Before departure, the Cheema Van and Trailer will be inspected and serviced to ensure all is in working order and tires are of the best quality. Winter tires are required for Florida travel.
- Cheema will provide 2 experienced drivers regardless of cost (approved by the Head Coach and Board). This year the driver's will be Mike Kerrivan and Tom Kerrivan.
- Drivers will be expected to take a minimum of 2 nights stop over. Each stop must be a minimum of 7 hours in a hotel. Cost for the stop over will be the responsibility of the passengers.
- Drivers will kept to a maximum drive time of no more than 15 hours with 2 drivers. This includes gas, food, and restroom stops.
- Drivers will be required to have a cell phone on hand during the entire duration of the trip.
- Seatbelts will be required to be worn at all times by both drivers and passengers.
- Proper roadside equipment shall be onboard at all times. Roadside kit includes:

First Aid
Spare tire with jack.
Tool Bag (Jumper Cables, etc...)

If you have any questions regarding specific drive plans; ie. Forecasted over night stops, arrival, departure, etc.. Please contact Mike Kerrivan @ 220-1711. You can also contact Brenda Fair @ 860-0876 or Brad Murray @ 860-0836.