



Canteen Menu

Monday	Pasta of the Day:	
	Mac & Cheese or Spaghetti	\$3.50
	Deli Meat Sub	\$3.50
Tuesday	Grilled Cheese	\$3.00
	Meatballs and Rice	\$3.50
Wednesday	Chicken Caesar Wrap or	\$3.00
	Mexican Chicken Wrap	\$3.00
Thursday	Pizza slice	\$3.00
	Wrap of the Day	\$3.00
Friday	BBQ DAY!	
	Hot Dog	\$2.50
	Hamburger	\$3.00
	Cheeseburger	\$3.50
	Leftover Pizza	\$2.00



Snack Menu

Peanuts, Almonds	\$2.00
Chips	\$1.50
Popcorn	\$1.00
Cheese strings	\$0.50
Buttered dinner roll	\$0.50
Welch's Fruit Snacks	\$0.50
Homemade style cookie	\$1.00
Large Freezies	\$1.00
Fibre One bars	\$2.00
Sports Drinks/Sparkling Ice	\$2.00
Orange Juice/Fruit juice	\$1.00
Bottled water	\$1.00
Hot Chocolate	\$1.00
Protein bars	\$2.00
Protein Drinks (Boost)	\$3.00
Seasonal Fruit slices/cups	\$1.00
Yogurt Tubes	\$0.50
Rice Krispie Treats	\$0.50