



# Cheema Aquatic Club

## After School Program—P to 4

Cheema Aquatic Club will be offering an After School Program starting September 2018. The program will run from 2:00pm until 5:30pm Monday to Friday, also offering Full Day PD days. Cheema is well established in our community with close to 50 years experience in building our Canadian Youth. Our program will take full advantage of our beautiful secluded 20 acre property, infrastructure and equipment, as well as the MacDonald Sports Parks that is adjacent to Cheema and are connected through our walking trails.

### Daily Activities include:

- Water Safety / Boat Safety Instruction (September/June Months)
- Dragon Boat/Pleasure canoe and mini kayaks (September/June Months)
- Hiking/ Orienteering, Crafts
- Soccer, Flag football, Baseball, Volleyball, Frisbee / Dodgeball, Ball Hockey, Hula Hoop/Skipping, Track & Field Days, Snowshoeing, Sliding and much more!

Of course Free Play time to interact and be social is very important in our children's development, the kids will have free time to play, colour/crafts, read or attend to any school homework they might have.

Every day our participants will be welcomed with a healthy after school snack and from their will have the opportunity to experience a variety of different structured activities. Our multi-sport/activity based program approach will help keep the kids engaged, active and having fun! We will be promoting outdoor activity as much as possible. Weekly schedules will be sent home via email every Sunday to allow parents a chance to see what their child will be up to and so the kids have something to look forward to!

### Daily Schedule:

2:00—2:30 pm	Arrive to Cheema ( Via bus or parent drop off)
2:15—3:00 pm	Snack Time
3:00—4:30 pm	Structured activity time
4:30—5:00 pm	Free time/ Craft activities
5:00—5:30 pm	Pick up time/ Continued play

### Cost Breakdown:

<b>Individual Day</b>	<b>\$20.00</b>
<b>Monthly</b>	<b>\$360.00</b>
<b>PD Days</b>	<b>\$35.00</b>

### Transportation:

Stock has confirmed they will provide a courtesy stop for transportation from Waverley Memorial and Ashlee Jefferson if you have it listed on your afternoon drop off. You will need to list Cheema's address for your afternoon drop off. Of course individual drop off is always welcome.

If you wish to register or have any inquires please email [cheemaafterschoolprogram@gmail.com](mailto:cheemaafterschoolprogram@gmail.com).

Have a wonderful day!